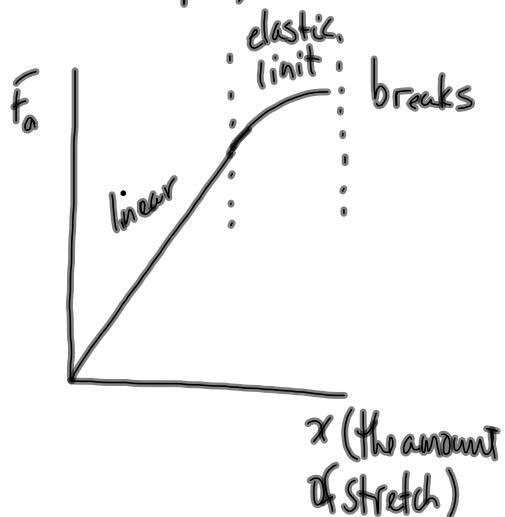


Hooke's Law

The more you stretch an elastic, the more force you need.



$$F_a = kx$$

Where F_a is the applied force (N)
 k is the spring constant ($\frac{N}{m}$)
 x is the amount of stretch (m)

Hooke's Law was originally written in terms of the "restoring force":

$$F = -kx$$

but we will use the form in terms of the applied force:

$$F_a = kx$$

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$$F_a = 133\text{ N}$$

$$x = 0.71\text{ cm}$$

$$k = ?$$

$$F_a = kx$$

$$k = \frac{F_a}{x}$$

$$k = \frac{133\text{ N}}{0.71\text{ m}}$$

$$k = 1.9 \times 10^2 \frac{\text{N}}{\text{m}}$$

spring constant

Elastic Potential Energy

If an elastic is stretched then it has elastic potential energy.
Work was done on the elastic to give it energy.

$$E_e = \frac{1}{2} kx^2$$

where E_e is the elastic potential energy (J)

k is the spring constant ($\frac{N}{m}$)

x is the distance stretched (m)

The work energy theorem applies to elastic potential energy:

$$W = \Delta E_e$$

Note: The force is not constant while it is doing the work!

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$$k = 75 \text{ N/m}$$

a) $\Delta E_e = ?$ if $x = 0$ ^{compressed} 28 cm

b) $F_a = ?$ (to hold at 28 cm)

a) $\Delta E_e = E_{e2} - E_{e1}$ 0 (not stretched or compressed)

$$\Delta E_e = \frac{1}{2} kx^2$$

$$\Delta E_e = \frac{1}{2} \left(75 \frac{\text{N}}{\text{m}}\right) (-0.28 \text{ m})^2$$

b) use Hooke's Law to find F_a (DO NOT use $W = F_{\parallel} d$ since F_{\parallel} is NOT CONSTANT)

$$\Delta E_e = 2.9 \text{ J}$$

The increase in elastic potential energy.

$$F_a = kx$$

$$F_a = \left(75 \frac{\text{N}}{\text{m}}\right) (-0.28 \text{ m})$$

$$F_a = 21 \text{ N}$$

pushing to compress

$+x \Rightarrow$ stretching

$-x \Rightarrow$ compressing

To do

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